

First Day of Daycare — Packing List

Label EVERYTHING with your child's first and last name. Sharpie the tag, or use iron-on labels.

Every day

- 2 full changes of clothes (size up — kids grow fast)
- Weather-appropriate outerwear (labeled)
- Water bottle or sippy cup (labeled)
- Reusable lunch bag + ice pack (if bringing lunch)
- Diaper bag with day's supplies

For infants / diapered kids

- Diapers (enough for the day + a few extra)
- Wipes (unopened pack — most centers keep it in your cubby)
- Diaper cream (in original tube, labeled)
- Bottles, formula, or pumped milk (each bottle labeled with name + date)
- Pacifiers (2–3, labeled — clip helps)
- Bibs and burp cloths

For nap

- Crib sheet (fitted, labeled)
- Small blanket (for children over 12 months, per center policy)
- Sleep sack (infants — no loose blankets)
- Lovey or small comfort item (if allowed)

Forms & paperwork to hand in

- Signed enrollment paperwork
- Immunization records
- Emergency contacts and pickup authorization
- Doctor's info and medical action plan (if any)
- Signed medication authorization (if applicable)

For you (parent)

- Photo of teacher / classroom for your phone
- Center phone number saved in favorites
- App downloaded and login working

- Tissues (for you, on the way home)

Don't bring

- Loose blankets or crib bumpers (infants)
- Small toys that could be choking hazards
- Anything you'd be devastated to lose